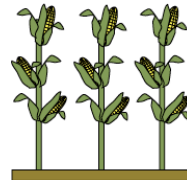


Don't Go Hungry!

Food Security in Avondale/ Glen Elder



Sacramento
Hunger
Commission

The following Food Closets and Hot meal sites are available to assist you with basic food assistance. When visiting these sites, please remember to

- **Have I.D for each member of the household and proof of an eligible address. Utility bill is OK.**
- **Contact INFOLINE at 498-1000, M-F 8:30-4:45, for additional resources.**

Hot Meals & Food Closets

Capital City Adventist Community Services- Food Closet and Hot Meal site

6701 Lemon Hill Avenue, Sacramento 95824

Contact: Bill Brawley
395-3224

Serves: Sacramento County
Hours: Monday noon to 1:30;
Closed holidays

Tri-Asian Ministries- Evangelists and Fellowship

Office: 3700 16th Ave. Sacramento, 95820

Contact: Maria Luz Spangenburg
387-6621/387-8053

Serves: Sacramento County
Hours: Call if you need emergency help that is related to food. Will help with rides to grocery store, and emergency food, etc.

Senior Services

Senior Citizens Services

8175 Signal Court, suite M Sacramento 95824

Contact: William Karratti
381-7794

Serves: South Sacramento
Eligibility: Needy families and persons ages 45+, disabled persons of any age
Hours: Monday - Friday. 8am to noon

Other Food Resources

Food Stamp Program

Need help putting food on the table? Apply at these nearby offices:

Folsom Blvd. Multi-Program Bureau 874-3800

6620 Folsom Blvd Hours: Mon-Fri. 8am-5pm

South Sacramento 875-8100

2450 Florin Road Hours: Mon.-Fri. 8am-9pm

Food Opportunities Program (food buying co-op open to all)

George Sim Community Center 382-3501

6207 Logan Street, Sacramento 95824 Contact: Cindy Slagter
