

Asset-Based VISTA Development (ABVD) Skills, Talents and Resources Inventory

Skill	Yes	Willing to share skill, information or contacts with Other VISTA's?	Want to Learn
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<i>VISTA Survival Skills</i>			
I know my way around Sacramento and can give good directions			
I know how to create healthy and tasty meals on a small budget			
I am good at creating household budgets			
I know how to get a discount on my utility bill			
I know how to get a discount on my phone bill			
I know how to get food stamps			
I have a car			
I am good at getting around Sacramento on public transportation			
I have a vacuum			
I know where to get cheap furniture			
I know how to plan something fun and cheap to do on a Friday night			
<i>Other Survival Skills I have:</i>			
<i>Community Development</i>			
I am actively involved with a low-income community in Sacramento			
I like to work with seniors			
I like to work with children			
I like to work with teenagers			
I like to work with homeless people			
I know how to get information distributed in low-income communities			
I like to speak at public events and tell people about my interests			
I know how to write in a language other than English			

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I know how to speak in a language other than English			
<i>Other Community Development Skills or Ideas I have:</i>			
<i>Outreach</i>			
I enjoy talking to people in my neighborhood			
I like to tell others about opportunities that will improve their quality of life			
I have time to go to community meetings and events			
I am good at creating flyers			
I am good at connecting people with resources that will improve their lives			
I know how to write PSA's for TV and/or Radio			
I like to brainstorm to find innovative ways to get information to people			
<i>Other Outreach Skills I have:</i>			
<i>Fundraising and Publicity</i>			
I know how to write press releases for the media			
I know how to write grants			
I am good at asking for donations for non-profit events or projects			
I enjoy interacting with major media (newspapers, TV)			
<i>Other Fundraising and Publicity Skills I have:</i>			

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<i>Technical Assistance</i>			
I like to teach others about how to use computers and the Internet			
I know how to use PageMaker or another graphic design program			
I know how to write grants			
I know how to make charts and graphs			
I know how to make surveys and questionnaires			
I know how to implement surveys			
I am interested in or have experience in evaluation techniques			
I like to organize materials/files/offices			
<i>Other Technical Assistance Skills I have:</i>			

Below are the top five skills and talents I am most interested in sharing with other VISTA's:

- 1.
- 2.
- 3.
- 4.
- 5.

Below are the top five skills and talents I would like to learn during my VISTA year of service:

- 1.
- 2.

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3.

4.

5.